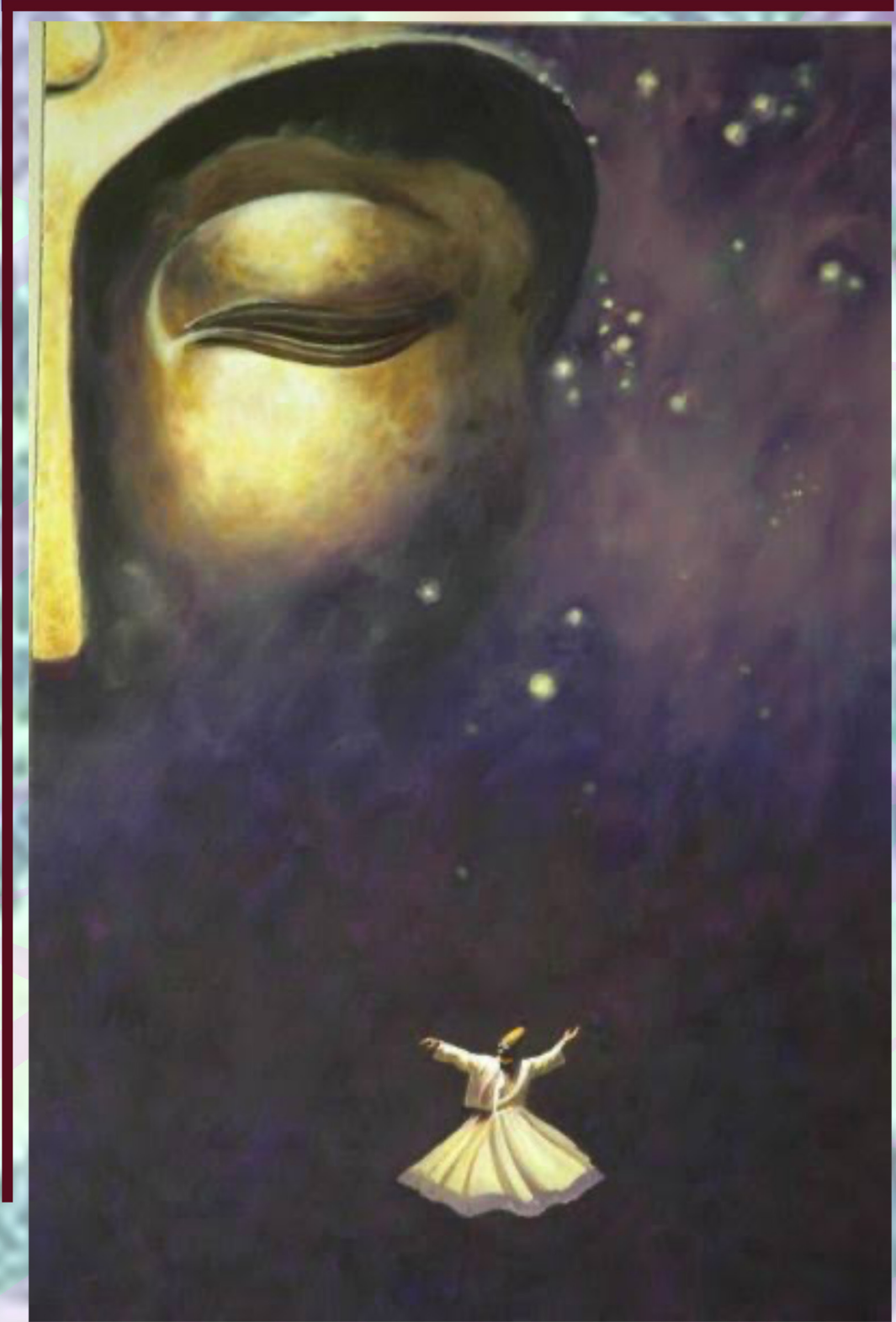


SUFI-ZEN MEDITATION CAMP AND RETREAT



10 - 17 SEPTEMBER 2022

KONYA / TÜRKİYE

Sufi is the expression of the ancient wisdom of the heart, and the path of love born from that wisdom. Zen is the silence, the sky, of that wisdom.

This unique process is a journey to silence through love, and to love through silence. It is the rediscovery of our true nature and its realization.

This camp is a meditative process that uses tools such as rhythm, music, dance, voice, sound, poetry to enter a state of emptiness. Meditation, zikhr, breath, music, dance, the Sufi path and joy, will take us into the open space of the heart, the door, the bridge, to the silent lake of our being.

Meditations take us into the many expression of ourselves and finally to the state of union and will help to remember the wisdom and the silence of our true nature.

This camp is a powerful process of emptying ourselves, an atmosphere where love flowers into meditation. It will be a deep immersion into our inner world, an exploration of the love and wisdom that we all have in our being,

a remembrance of the joyful song and the luminous silence of the universe.

By learning the mysteries of our heart, we begin to resonate with the mysteries of existence.

The Sufi-Zen Meditation Camp and retreat will happen in Konya, Türkiye.

Located in Central Anatolia, Konya has become place of interest for mystics and spiritualists and is most notably known for being the home of the intriguing whirling dervishes. Rumi, born in Afghanistan, settled in Konya with his father in the 1220s after fleeing the Mongol invasion of Central Asia. It was here that he established his spiritual doctrines through his Persian language poems, which have since been widely translated into many of the world's languages. Today, Rumi is described as “the most popular poet” ever and the “best selling poet” in the United States. It was during his time in Konya that he wrote the ‘Mathnawi’, a series of six books of poetry and a spiritual writing that teaches Sufis how to reach their goal of being in true love with God. The ‘Mathnawi’ is considered to be one of the greatest

poems ever written. The legacy of Rumi lives on in the city of Konya.



RUMI'S TOMB / KONYA

RUMI AND SUFISM

Rumi, his poetry and his teachings were the inspiration behind the Mevlevi Order of Islam, also known as Islamic Sufism.

The movement was officially founded in 1273 by Rumi's followers after his death. He was fondly named 'Mevlana' by his supporters,

which translates as “our master” and even today, his influence transcends national borders and ethnic divisions: Iranians, Tajiks, Turks, Greeks, Pashtuns and the Muslims of Central and South Asia, have greatly appreciated his spiritual legacy for the past seven centuries. But now, his doctrines are highly thought of all over the world and nobody could have predicted just how popular his ideas would become. Sufism is centred around the core meaning of peace, love and tolerance on the road to enlightenment.



RUMI

ABOUT MAREECHI ASU



Mareechi Asu was introduced to meditation in his childhood in India.

He benefited greatly from enlightened master Osho and also many other masters.

He studied physics at university. And combined meditation with his physics education.

He gained so much experience in subconsciousness studies.

He created Quantum Enlightenment Breath System to work on subconsciousness level and reprogramming.

He is an expert about active meditations for modern age people.

Some of the trainings he has been teaching;

No Mind Meditative Therapy

Born Again Meditative Therapy

Zen Work (Who is in?)

Awareness Intensive (Satori) Meditative Therapy

Sufi Heart Training

Reiki Grand Master Degree

Founder of the Awakening of the Lotus Meditation Center

Mindfulness & Awareness Intensive Meditation Works

Mareechi Asu is the founder of the Ancient Egyptian Meditation Techniques in Türkiye. Modern Vipassana Camps are some of the areas where he practices.

He is the Official Instructor and Representative of Chakradance (Chakra Dance).

All-Love (Ancient Egypt) Meditation System Master

Mareechi Asu is the author of Aşkın Uyanışı (Love's Awakening) and Sonsuz Damla Sonsuz Okyanus (Endless Drops, Edless Ocean) books.

SUFI – ZEN MEDITATION CAMP AND RETREAT

will happen in Konya in Türkiye.

This residential camp starts on the 10th September 2022 to 17th September 2022

Camp Fee: 1.950 USD (For single occupancy)

Includings;

7 Nights stay in Konya (4 Star Hotel)

Breakfast + Lunch + Dinner

Airport transportations

Transportations in Konya (for group programs)

Meditation programs and certification

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